

CROSSROADS FOUNDATION

Applicant Agreement Requirements

The Crossroads program offers a strong program of recovery for ambulatory* women who are willing to go to any lengths for their recovery. Crossroads helps develop life skills that assist in achieving and maintaining a sober lifestyle. Some of the requirements of the Crossroads program consist of:

- Six month commitment to the Crossroads Program. Letters of completion will only be granted after the six month period.
- Two week restriction beginning on the entry date into the program. This means no outside appointments, visits, etc. It is your responsibility to take care of all personal matters before entering Crossroads.
- Positive and cooperative group living attitude, free from negativity.
- Daily groups
- Required AA/NA meetings
- Chores and other household duties
- Volunteer work and outreach into the community
- Daily structure that includes early A.M. requirements and curfews
- Must have a sponsor by the end of 30 days and have completed your first step. Step work will continue throughout the Crossroads program

This does not include the entire program but is designed to give you an idea of whether this program will meet your needs.

Please do not be discouraged by the above list. If you are truly committed to recovery, our program is not difficult for those who have surrendered and sincerely want a life free of drugs and alcohol.

*Ambulatory – women who are capable of doing assigned chores, job training and other physical aspects of our program. If you consider yourself in need of more intensive services we will offer you a referral to a different program.

I, _____ have read, understand and agree with the above information. I understand that my signature below indicates my commitment to the Crossroads program as a part of my drug/alcohol free lifestyle.

Client Signature: _____ Date: _____

Witness: _____ Date: _____